

YOUTH SPORTS LEADERSHIP CONFERENCE

“MAMBA MENTALITY” - 24

Legacies United Foundation



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THE LEGACY EFFECT

A JOURNEY OF RISK & REWARD

To Whom Much is Given Much is Tested...



"Founded in 2014, Legacies United Foundation (LUF) was established as a platform for inter-generational Research, Learning and Activity." Our Mission is to bridge the gap between

various generational cohorts through cultivated learning experiences, advocacy and public policy initiatives. We believe this is essential to improving the plight of children, youth, and older adults in our community.

In 2022, coming off the global COVID19 pandemic, LUF and its leadership team developed a strategic plan to address the fall out. We prioritized the issues of social isolation amongst community members and the lack of youth engagement in sports and/or extracurricular activities. Research conducted by Nationwide Children's Hospital further reported that 31% of Franklin County youth are overweight or

obese on par with rates that are also too high for Ohio (33%) and the U.S (31%). We hoped to spark a community conversation around ways to strengthen the platform of youth sports while addressing access and affordability. The Annual Youth Sports Leadership Conference was established to:

- Stress the importance of Prevention, Safety, Sportsmanship and continued learning for coaches and volunteers
- Encourage Sport Sampling by helping Youth and their families better prepare for the World of Sports and physical activity
- Create ports of accessibility
- Help Youth and their Families leverage the knowledge, skills and abilities gained through sports and physical activity.



VISION

THE MARATHON CONTINUES

The Youth Sports Leadership Conference envisions the following outcomes:

1. With technical support, training and continuing education, Coaches, Volunteers and Owners of youth sports programs will have higher rates of efficacy with participants and their families.

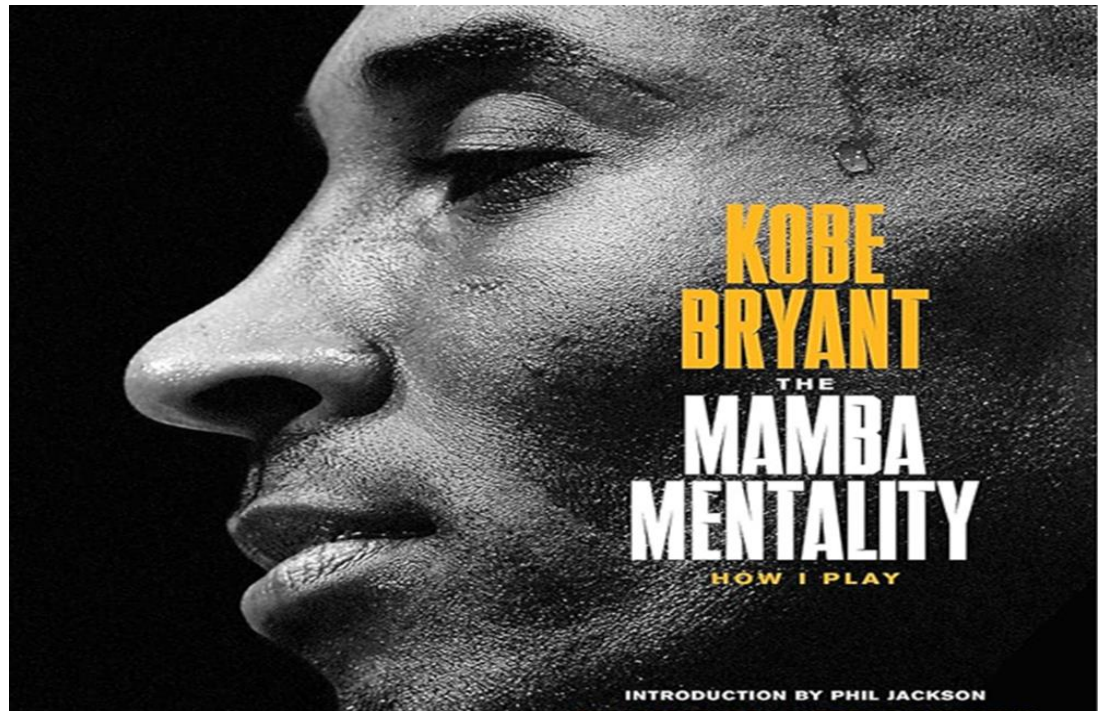
2. Youth Sports Providers will develop strategies to improve access and affordability.

3. Youth will be supported in choosing a sport or activity based on their knowledge of the game or pure interest.

4. Youth will leverage their knowledge, skills and abilities gained from sports towards greater self-sufficiency.

5. Revitalization of In-Town Leagues

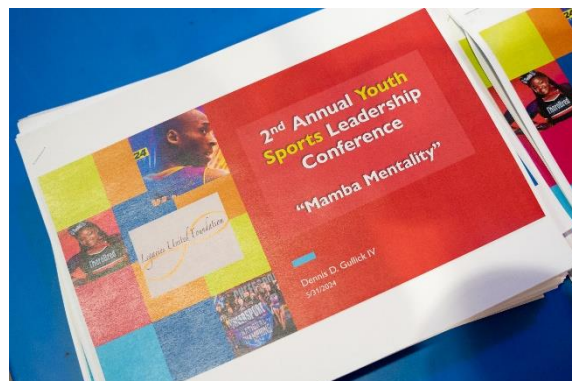
Inputs/Resources	Activities	Outputs	Short-Term Outcomes	Intermediate Outcomes	Long-Term Outcomes
Resources available to support Youth Conference; money, staff, volunteers, materials	The Methods of Service Delivery carried out by Conference Ambassadors	The product delivered, unit of service provided (described numerically) # of People Served, # hours of service delivered	The First changes that occur for the individuals' families, organizations, or community because of conference	The subsequent benefit for people during or after their involvement in conference	The eventual impact on individuals, families, organizations, or community for which the conference is accountable
<ul style="list-style-type: none"> Project Manager, Event Coordinator Linden Community Center Athletes from TCI City of Columbus Parks and Rec Made For Medicine OSU LIFESports 	<ul style="list-style-type: none"> 1-Full Day Conference June 1st Friday Night Cheer Up Columbus Event- Pre Registration Active Net Registration Vendor Rotation Keynote Speaker Funding Request Save The Date Flyers Fitness Stations for Youth Friendly Competition Networking First Aid CPR Training; Sports Physicals 	<ul style="list-style-type: none"> 250 Youth participants between the ages of 10-18 50 Youth Service Providers 40 Vendors 25 Group CPR Certifications, First Aid 50 Youth Physicals 250 Youth Pledges Signed 100 Youth Service Provider Pledges signed. 20 Youth Scholarships/ Play Grant Awards 	<ul style="list-style-type: none"> Newly established Community Service and volunteer opportunities for Youth. Youth Participants will be prepared for summer sports. 25% of youth participants will try a new sport. 100% of Youth participants will develop awareness for the culture and diversity inherent in their sport. Participants will commit to a social justice initiative. Participants will form stronger intergenerational relationships. Youth Sports Providers will offer services at the most competitive rate. Youth Service Providers will seek certifications and other continued education on public health matters (ie.Covid) Youth demonstrate knowledge and understanding of concepts 	<ul style="list-style-type: none"> Increased feelings of self-worth Increase in Youth Volunteer/community service hours. Exchange of resources and services between providers. Youth involved in a sport will abstain from violence. Youth Participants will step into leadership roles. Youth Service Providers will build in process to offset cost for participation. Youth Service Providers will develop a resource database. Increased Participation at Youth Sporting Events Youth demonstrate improved self-confidence in their sport. Youth demonstrate an increased motivation to participate in team functions, Youth demonstrate better concentration, and an improved ability to regulate 	<ul style="list-style-type: none"> 85% of participants will progress to the next grade level. Sustained level of quality Youth programming with city. Reduction in dropout rates Youth and Older Adults will enjoy leisure activities together. Stronger communities' ties demonstrated through games and community events. young people will be empowered to play a vital role in their own development as well as in that of their communities, helping them to learn vital life-skills, develop knowledge on human rights and citizenship and to promote positive civic action.



2ND ANNUAL YOUTH SPORTS LEADERSHIP CONFERENCE SUMMARY

DEVELOPING THE “MAMBA MENTALITY”

The Late Great Kobe Bryant coined the term “Mamba Mentality”. This is what embodied his whole brand and what he stood for. To sum up what mamba mentality is, “It means to constantly try to be the best version of yourself, while fighting for your dreams to be



fulfilled.” That is what the mentality is. It’s a constant quest to try and be better today than you were yesterday.” That is the spirit of thought we possessed, while reflecting on our inaugural event. Turning things up a notch, we dedicated this Year’s Youth Sports Leadership Conference to helping athletes and sports providers develop that Mamba Mentality for 24’.

We were blessed to receive several sponsorships and letters of support this Year, most notably that from the Franklin County Board of Commissioners (Office of Diversity Equity and Inclusion) our title sponsor. Our work at the Youth Sports Leadership Conference directly addresses community awareness, accessibility, education, and participation utilizing the platform of sports in an intergenerational matter. Reinforced by the Counties perspective on supporting organizations that encourage youth involvement, our program aligned with their 2019 research presented in the Rise Together publication- A Blueprint for Reducing Poverty in Franklin County. Additionally, our work begins to address recommendations outlined in The Aspen Institute', State of Play in Central Ohio. What we all agree on is that a virtuous cycle gets unleashed, especially if children can be engaged in regular sport and physical activity before 12. Partnerships such as these make it easy for decision makers like (ODEI) who desire to promote plans, programs and financial strategies that assure that economic growth is properly balanced and coordinated with that of the State of Ohio, the federal government and other local governmental entities.



The 2nd Annual Youth Sports Leadership Conference took place over a course of 2-days, (May 31-June 1st) with activities planned throughout the month to help youth and



families develop a plan to transition into summer sports and activities. The Vineyard Columbus (Westerville Campus) was the host for this year's conference, and we are very grateful for the Community Partnership we have forged with them. Legacies United Foundation is a faith-based organization and the respect that we share for each other's ministry has always been mutual.

In fact, to signify this message and inspire participants attending the conference we brought on Fashion Model and Coach JaMez Aloha Burton of "Captivating Eyes" to produce a Faith and empowerment style show.

Leading up to the day of the Conference Kickoff, Jamez worked with 25 athletes, both male and female, of The Cheer Institute to showcase their own inner confidence along with brand concepts from 3 local designers. The theme for our show was "The Creators Inside" and we hoped to convey the message that beauty, character and willpower comes from within. Jamez, being the teacher/advocate that she is, shared lots of insight and wisdom about the fashion industry with those of us in attendance. The Fashion industry as we know permeates many segments of society and culture, which is why she shared tips on building your own brand and representing, who you are and what you stand for.



The Friday night show was a hit!!! DJ Udel was on hand to create the vibe and we had nearly 100 spectators and plenty of vendors for community members to connect with. The lovely Ms. Andrea Johnson was on hand as our Q&A moderator alongside our show coordinator. Jamez opened the show with pieces from designer Destiny Unique- owner and operator of Quiet Progress and Billionaire Concepts. Destiny is a native of Columbus Ohio and found her heart early on drawn to the youth, the incarcerated & women that shared the same struggles she endured. Destiny has developed several support programs for at risk youth & inmates in correctional facilities. Her mission has been to Rebuild, Restore & Develop internal Hope & Peace which she promotes through her clothing line. Our 2nd designer NiaaJay was a 19-year-old Entrepreneur, Designer and Mentor. Her clothing brand Purity Over Poverty represented Peace, Prosperity and love. Niaa was perfect for the show her looks were fun, sporty and casual for the young female athletes. During our Q&A session Niaa got down to the heart of the matter



sharing with participants that her success came when she started believing in herself and wrote out her plan. Jayvn Ferguson our 3rd and final designer was 14 and proclaimed himself to be an Artist and Creator. His clothing brand was unique, and he explained that his concepts consisted of a reverse tie dye process. He got his start printing t-shirts, hoodies, sweatsuits, and more! Jayvn acknowledged that he was not much of a breakout athlete like his friends but did love sports. He shared that where he was lacking in physical skills, he was strong in design and conceptualizing. This is how he started making clothing to cater to his friends that did play sports. He wanted each piece to be one of a kind and uniquely designed. He stated that his motto over the years has been, "You look good

sharing with participants that her success came when she started believing in herself and wrote out her plan. Jayvn Ferguson our 3rd and final designer was 14 and proclaimed himself to be an Artist and Creator. His clothing brand was unique, and he explained that his concepts consisted of a reverse tie dye process. He got his start printing t-shirts, hoodies, sweatsuits, and more! Jayvn acknowledged that he was not much of a breakout athlete like his friends but did love sports. He shared that where he was lacking in physical skills, he was strong in design and conceptualizing. This is how he started making clothing to cater to his friends that did play sports. He wanted each piece to be one of a kind and uniquely designed. He stated that his motto over the years has been, "You look good

you play well.” Having Jayvn’s pieces in the show was good for the group because it proved that you could leverage your skills and find purpose even at a young age.

As the model showcase closed out, we ended the evening with Q&A session for the designers as well as our show coordinator. Many of the youth inquired about how the designers got started, strategies to start a business and even how to market and promote their endeavors. Our moderator Ms. Andrea did a wonderful job facilitating the questions and

using her probing and active listening skills to help our audience connect the dots. Youth learned about pop-up shops, online platforms to sell merch and even apps to create digital content. Ultimately, we



reached the conclusion that to have success you must take chances, use your knowledge, skills and abilities as leverage and not be afraid to fail, ask a lot of questions.

The message to all the parents and providers in the room was to design programs and activities for overall development. We must maintain a strengths-based perspective. Additionally, it may benefit us as a community if we get back to asking kids what they want and creating those exploratory environments. One parent shared that while her son was not a high-profile athlete on the field, he was gaining quite the reputation for being a gamer. It’s these non-traditional methods that we urged participants to explore while also discussing how to create more ports of access. The evening concluded with networking, fellowship and refreshments.

Day 2:

Coming off a wonderful evening at the Youth Sports Fashion Showcase, we headed into day 2 of our weekend conference beginning at 7am with vendor set up. We were blessed to have some returning vendors like The Junior Football League of



Westerville but added a few new vendors like (D-Bat Lewis Center, Leveling the Playing Field, New York Life and Lower Lights Community Health Center). When developing the list of vendors we wished to participate in this Conference, we sought out organizations that could support and enhance the individual athletes and their family's overall wellbeing. Representatives from New York Life for instance shared resources on financial literacy and family protection through life insurance. Lower Lights Community Health



was on hand to share resources and assist youth and their families with completing the initial forms needed for a physical screening. They also were able to schedule appointments right on the spot for youth in need to complete throughout the month at their community clinic. Early projections through our online registration showed that we would have twice the amount of youth as we did at our Inaugural event. We were pleased to welcome distinguished guests from the

Commonwealth on KY, and speakers from across Ohio. Thrilled by this realization our team reviewed the agenda for the day and proceeded accordingly.

At the top of the morning our first session was presented by Ms. Daphne from Care Counts Consulting. Her presentation focused on First Aid/CPR, and we had 15 volunteers get trained. Participants were very engaged in this interactive session and learned how to operate the AED machine. Just as last year each participant was guaranteed to receive their completed certification in the mail. At the conclusion of our first session the doors opened for the Conference and guest were greeted with music and light refreshments as they entered the venue. Staff were on hand to provide participants with the official Youth Sports Leadership Conference badge and group assignments for the day. We were blessed to welcome Walter Brewer aka "Wallabe the Realest" back for

the 2nd Annual Youth Sports Leadership Conference. This year he served as our host, opening the event by welcoming all our speakers, vendors, youth sports volunteers and youth participants.

New this year we paid homage to a trailblazer in the Community doing outstanding work through sports programming. We choose to shine a spotlight on Janicia 'Shaq' Anderson, 2023 Columbus City League Coach of the Year. Since joining the coaching staff at Afrocentric High School, she helped lead the girls' basketball program to 2 state championships, winning both. They are now the most winningest team in OHSA girls' basketball history making them 9th overall. Janicia embodies the Mamba Mentality and has worked consistently to build character amongst her athletes and help them find success. She was not able to make the Conference, but we had a plaque made to show our appreciation for her leadership.

Our 2nd breakout session lead by Wallabe began with a live musical performance



dedicated to Knowing Your Worth! Wallabe launched his Know Your Worth, Stay Out the Streets mentoring program over a decade ago, to advance the success of youth. His message aligned with our Mamba Mentality theme and his goals have consistently been to promote the arts, academic achievement, leadership and positive overall life choices. His high energy was very

attractive to the crowd. He shared that he maintains an edutainment perspective ultimately delivering his message through a medium that his crowd can appreciate. Stay Out the Streets edutainment program delivers uniquely crafted motivational sessions to provide youth with the confidence to avoid the pitfalls of peer pressure as they develop the leader within themselves. His morning message set the tone for the day, as we began to split for the various breakout sessions planned.





Our next breakout session titled "Eating for Endurance" was conducted by Clarissa Dilaveris (RD, LD, CLC) a registered dietitian and nutritionist with Lower Lights Community Health. Clarissa shared how she has worked as a dietitian for over 10 years specializing in gut health, cystic fibrosis, and diabetes. Clarissa's presentation was very engaging for our youth

and timely. She shared facts about how food affects the health of not only the physical body, but the mind and spirit as well. She broke down some of the myths about sports drinks and talked also about proper hydration. The kids really enjoyed the demonstrations that she brought in which made the session very interactive. Youth were provided with notepads and pens to take notes and record tips for healthy eating. Her motto for the day was Health is Wealth!



Transitioning into our 4th session for the morning, Kylee Ault-Baker, PhD, CMPC Postdoctoral Scholar from The Ohio State Universities "LiFEsports" program was on hand, to engage our youth in some teambuilding activities. Team-building activities encourage open communication and better understanding among participants. They make it easier for individuals to express their thoughts, listen to others, and give and receive feedback, thus improving interactions within the team.



With manageable group sizes of 15 Kylee was able to quickly explain each activity and get the groups working. We observed the youth having fun formulating new teams and building new relationships. The youth seemed to foster an atmosphere of shared enjoyment, collaboration, and achievement by

encouraging each other through the various stations. Sometimes getting youth leaders to emerge from their shell isn't easy. Team building activities like what Ms. Kylee brought forth, however, helped us to identify potential leaders in all the youth. While the youth participated in the activities, we were able to observe and report back to them on the positive attributes we identified such as (decision-making, taking initiative, motivating the team, delegating priorities and coordinating with others).



Our 5th and final breakout session for the morning was brought forth by EJ's Warriors



Karate Academy with special guest Brutus the Buckeye. Sensi Ej has been a leader in our community for many years teaching martial arts, self-defense, karate, personal training and group fitness. He works to develop character, confidence, self-respect, discipline, honor, benevolence, justice and courage within his participants. These virtues represent Bushido, the Way of the Warrior.

Our Youth along with Brutus the Buckeye learned several defensive and offensive techniques including the highlight breaking a board. Sensi Ej also incorporated into our session some strategies to help youth focus through meditation. This ancient practice has several benefits but none more than helping our Youth be more alert to their surroundings, and in alignment with their inner being and voice. This session concluded with Sensi Ej teaching the youth some positive affirmations.



At midday we broke for lunch which was provided by Victoria & Terri Brown of Love's Pastries and Design. This mother daughter duo has been baking cakes and catering events for over 10+ years. This proves that intergenerational relationships just get better with time. We had the chance to work with this vendor during our Inaugural Conference and they were able to meet our



complete needs once again. While at lunch youth were able to visit vendors, engage with each other and meet one on one with many of our speakers. Creating this level of intergenerational activity and collaboration was exactly what we had planned.

This year we chose to spotlight a vendor at the conference for their work in the Community. Ms. Gabby Anderson, Owner of Graffiti by Gabby stood out for many of us due to how she has been able to leverage her status as a division one athlete from



Harvard University. She has spent a lot of time on the basketball court, however she does more than plays sports. She is a young artist who owns a custom art company, Graffiti by Gabby. What started as her “just doing a few pairs for friends”, quickly turned into orders from all walks of life. She has partnered with many household brands, namely, NIKE, Wal-Mart, NBA, NFL and WNBA. In 2023, she released her original school supply line, Brilliant, Authentic, and Black. Having grown up in spaces that seemed to always be okay with her being a combination of two of three adjectives; this

product line is a gentle reminder to the next generation that it's okay to show up as all three; Brilliant, Authentic, AND Black.

Following Lunch, all guests including vendors were asked to convene for our final breakout session; “How to leverage your sports knowledge, skills and abilities” for self-sustainability. Dennis Gullick, Program Director for Legacies United Foundation, also the inspiration behind the Youth Sports Leadership Conference, lead the intimate afternoon



session alongside college roommate and good friend Charles Kinney. Mr. Gullick began the session with several probing questions to the audience such as: What does the term leverage mean? How can you as an individual use leverage? And why do sports matter? When asked to define the term leverage or to give an example, many of the youth and adults in the room agreed it meant to use (something) to maximum advantage. One youth gave the example of using leverage to his advantage to become the team captain when most of the kids on his team were new. A College Coach in the room shared how she was able to pursue her master's degree at no cost as a Graduate Assistant at North Carolina State University. She did this by simply leveraging her knowledge and experiences as a Cheerleader in college.

Mr. Kinney decided to share his story on how he was a former basketball standout that leveraged his knowledge skills and abilities to become an entrepreneur in the custom apparel industry. For more than 16 years he has worked with celebrities, professional athletes, multiple sports organizations along with local and corporate businesses to develop merch. He stated that it did not all click to him at first and for the longest he was depressed trying to figure out what his purpose in life was after college basketball. It



wasn't until he got a mentor and began to challenge himself that he realized he could leverage his experience for greater success while training the next generation.

He began teaching life skills through basketball and for over a decade now has offered basketball skills training and experiences to multiple D1 and professional athletes. Adding to his legacy he has helped develop and train his very own Daughter Emori Kinney whose 6th grade basketball team is ranked 10th in the country; Not to mention his son Taylen Kinney is the #1 player in the state of Kentucky and ranked in the top 20 across the country according to ESPN. With his son on the brink of receiving a NIL deal which could change the whole family's life, Chuck enriched the crowd greatly by showing how one seed planted can blossom into something far greater than your imagination. During the presentation Mr. Kinney showcased some of the classic merch he offers online and in select locations. He also outlined strategies to help many in the



room consider how best to represent or develop their own personal brand leveraging social media.

Our collective message to the group was to take time and conduct inventory on yourself. Really think through the knowledge, skills and abilities that you have gained over the years that could enrich the lives of individuals in your community if not

your own. Mr. Gullick challenged the group to always maintain a strengths-based perspective, leveraging the things they do well while developing those areas that still need work. Tips were offered to providers and volunteers on ways to strengthen their programs making them more vibrant and not stagnant which causes decline. Youth were empowered to try new sports and to select activities that may lead them on a path to realizing their strengths and true potential. In the end everyone was asked to take the Youth Sports Leadership Conference Pledge which would unite us in thought and help us develop that Mamba Mentality. The pledge centers around promoting positivity, competitiveness, and fair and equal play for all community members.

As we got set to transition into our final activities for the afternoon, (friendly skills and drills), we took time to acknowledge 25 youth who completed our first year-round cohort in the Youth Sports Leadership Academy (YSLA) and 50 participants in our Girls Take on Sports initiatives (GTOS). As part of our ongoing effort to track youth participation and engagement in sports or other physical activities, we developed these two programs for male and female student athletes in grades 6-12. Both programs function on a 6-week rolling cycle and youth meet up twice a week at our site or in the community to receive continuous wrap-around support. The 15 young people along with members of their family who were present were acknowledged for their steadfast commitment to the training and sessions we offered. We were proud to name each student as ambassador for GTOS or YSLA and welcomed them back to continue their leadership journey.

Additionally, we positioned many of them to be youth mentors to future cohorts. Therefore, the Annual Youth Sports Leadership Conference will serve as a celebration for our year-round cohorts and launchpad for new cohorts of youth to begin their sports leadership journey.



Following such a dynamic session everyone was up and ready for some friendly competition. We had several stations set up in the gym for youth and volunteers to rotate through. Station #1 was run by Asis Doss, an Alumni of The Ohio State University where she had the opportunity to compete with the Women's Basketball Team. Her love for the game inspired her to become a Basketball Skills development coach. She is committed to helping youth unlock their

potential, grow confidence in themselves, and become better people one rep at a time! She exemplified this as she ran the groups through several drills and competition activities.



Station #2 was set up and run by Austin Parker of APFit. APFit is a faith-based fitness company perfect for individuals of all fitness levels. They offer Personal training and boot camp style classes which worked out perfect for our event. This session was good for the group because it wasn't so much emphasis on a particular skill as it was on effort and being engaged. Austin's high intensity had everyone excited about the workout sweating and giving their all. His mix of dance fitness and positive affirmations helped everyone enjoy and maximize the session.



Our last station #3 was led by Jason Meade from the Junior Football League of Westerville. Jason spent time running youth through a series of speed and agility drills. He also broke down for the kids some of the skilled positions involved in the game and put the kids' catching skills to the test. The session was very enriching, and he also introduced many of the youth to the game of flag football which is less intense than traditional football.



CONFERENCE IMPACT

At the conclusion of our skills and drills session, each youth was given a Youth Sport Leadership Conference bag filled with resources (deodorant, toothpaste, toothbrush etc.) Additionally, each of the skills and drill trainers offered the youth in attendance a free individual or group training session for the summer. We put out a call to action before departing ways encouraging youth to sign up for our new cohorts with the Youth Sports Leadership Academy and Girls Take on Sports programs. We also announced that for the remaining of the Summer we would be offering free fitness and sports camps at various sites around Columbus as part of our Cheer Up Columbus campaign. For more information on upcoming programs and activities, visit us at LegaciesUnite.org.

Legacies United Foundation is proud to report highlights from our 2nd Annual Youth Sports Leadership Conference. In addition to results from year one of our Youth Sports Leadership Academy (YSLA) and Girls Take on Sports (GTOS) initiatives. As stated, during our inaugural conference in 2023 we launched these two mentoring efforts to promote and support scholar athletes while tracking their overall development. Both programs run on a six-week cycle with our females following the GTOS track and our young men the YSLA track. Program participants meet with a mentor assigned through their track twice a week, to receive tutoring, leadership development, career exploration and networking opportunities. Our mentors utilized a variety of methods to collect evidence throughout the year of our impact, including (pre/post surveys, testimonials, progress reports, grade checks, volunteer hours, team leadership roles, etc). Both programs, GTOS and YSLA, have been recognized for their innovative approach to supporting the whole athlete, mind body and soul. Our mission through both tracks is to develop the next generation of responsible self-sufficient individuals.

2024 Youth Sports Conference by the Numbers

Total # Youth Participants= 80

Total # Community Members= 30

Total # Youth Coaches/ Providers= 20

Total # Speakers for Event= 16

Total # Vendors= 10

Special Guest: Brutus Buckeye

Total # Staff trained on First Aid/CPR AED- 15

Total # Youth Enrolled in Sports Leadership Academy- 25

Total # Youth involved in Girls Take on Sports- 35

Total # Youth Pledges Signed- 100

Total # Coaches Pledges Signed- 60

Total Junior Coach Positions: 15

Total # Scholarships Awarded: 15 (additional 45 added fall 2024, winter 2025, and spring 2025)

YSLA: 2023-2024 Cohort

-Partnerships established with 2 Charter Schools and 3 local public schools to offer YSLA

-10 male youth participants for the full year grades 6-12

-10 youth onboarded to be junior coach through The Cheer Institute

-150+ service hours collected (Youth met twice weekly- 1.5-hour sessions)

-25 Youth participated in new sports tryouts (baseball, tumbling, martial arts)

-5 High School Graduates; 5 College Visits

-15 Youth on honor roll for the entire school year

-25 Youth participated in the McGuffey Intergenerational Gardens Spring cleanup.

-100% of Youth participants reported increased feelings of self-worth

-10 youth took on a leadership role within their sports team, school and community.

-50 youth participated in Legacies United Foundation Cheer Up Columbus intergenerational event promoting safe spaces and leisure activities for community members

-100% of Youth contributed to Legacies United Foundations social justice initiative aimed at food insecurity and access.

-100% of Youth participants developed a personal statement affirming their commitment to become a scholar athlete.

-100% of Youth Participants reported a strong connection to their YSLA mentor.

-YSLA -Program Director and team began the development of a database to house appropriate Youth sports service providers.

-100% of Youth demonstrated an increased motivation to participate in team functions

-Parents with youth in YSLA reported seeing an increase in their confidence and ability to express themselves.

-100% of youth involved in YSLA abstained from smoking and other illicit drug use.

100% of youth demonstrated an increased knowledge and understanding of concepts such as fairness, teambuilding, equality, discipline, inclusion, perseverance

-100% program completion and retention.

GTOS: 2023-2024 Cohort

-Established partnership with 2 Charter Schools and 3 local public schools to offer GTOS

-25 female youth participants for the full year 5th-8th grade.

-8 youth onboarded to be junior coach through The Cheer Institute

-150+ service hours collected (Youth met twice weekly- 1.5-hour sessions)

-15 Youth participated in new sports tryouts (swimming, track, tumbling)

-25 youth transitioned to the next grade level

-7 Youth on honor roll for the entire school year

-15 Youth participated in the McGuffey Intergenerational Gardens Spring cleanup

-100% of Youth participants reported increased feelings of self-worth

-10 youth took on a leadership role within their sports team, school and/or community

-25 youth participated in Legacies United Foundation Cheer Up Columbus intergenerational event promoting safe spaces and leisure activities for community members

-100% of Youth contributed to Legacies United Foundations social justice initiative aimed at food insecurity and access

-100% of Youth participants developed a personal statement affirming their commitment to become a scholar athlete

-100% of Youth Participants reported a strong connection to their GTOS mentor

-GTOS Program Director and team began the development of a database to house appropriate Youth sports service providers for youth and families

-100% of Youth demonstrated an increased desire to participate in team functions

- Parents with youth in GTOS reported seeing an increase in their confidence and ability to express themselves.
- 100% of youth involved in GTOS abstained from smoking and other illicit drug use.
- 100% of youth demonstrated an increased knowledge and understanding of concepts such as fairness, teambuilding, equality, discipline, inclusion, perseverance
- 100% program completion with 100% retention.

YSLA Summer 2024 cohort: 25 youth participants

GTOS Summer 2024 cohort: 35 female participants



SPECIAL THANKS!!!

Damika Withers- (Chief Economic Equity and Inclusion Officer): Franklin County Commissioners Office: Diversity Equity and Inclusion: For creating such a dynamic partnership between LUF and ODEI promoting youth sports and engagement.

Nikki Mills- Outreach Coordinator: The Vineyard Columbus: For creating community partnership and hosting the 2024 Youth Sports Leadership Conference

Tatum Schaefer- (Owner) TaeRaeCreations: TaeRaeCreations.shop; For Creating our 2024 Youth Sports Leadership Conference graphic. Columbus OH

Yolanda Howell- (Owner) HowGrande Travel & Events, LLC: For your volunteer coordination and steadfast commitment to Legacies United Foundation

Charles Kinney- (Owner) TECApparel: TECAPPAREL.co: For Digital Content Creations and Graphic Design Prints. (DTF Specialty) Home Base Northern KY/Cincinnati OH

Terri & Victoria Brown- (Owner's) Love's Pastries & Designs: Catering our Event and assisting with decorations and design layout.

Charnon Barnes- (Executive Director): Central Ohio Youth Sports Collaborative

Anton J. Johnson- (Chief Operating Officer): Lower Lights Christian Health Center- Coordinating Lower Lights presence at Conference

CELIA ANDERSON CTA- Director of Business Development: Greater Columbus Sports Commission: For your support and contribution to our Youth Sports Leadership Conference. Your daughter Gabby was amazing and really inspired a lot of youth.

John Landry- (Owner) Top 5 Photography: For capturing 2 days of amazing content from our 2nd Annual Youth Sports Conference. Johns team was extremely easy to work with and exhibited the utmost professionalism.

Eric Rutkowski- (Program Director): Leveling the Playing Field: For your support and contribution of time spent at our Youth Sports Conference. What an amazing resource and service that your organization is offering to the community.

Sensi EJ- (Owner): EJ's Warrior Karate Academy: For your support of the 2nd Annual Youth Sports Leadership Conference and offering a stimulating session for our youth participants.

Erika Gullick- (Owner): The Cheer Institute: For your support and assistance coordinating the event and offering programming for our Youth Participants 2 years in a role.

Brutus Buckeye- (Mascot): The Ohio State University Spirit Program: For your energy and enthusiasm the last two years supporting youth and families in our community.